



# The Music Practitioner

e-Newsletter of The Music for Healing and Transition Program

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November 2015

## The Heart-Centered Musician: Navigating the Tides of Healthcare Save the Date: July 14-17, 2016, Los Gatos, CA

Save the Date! July 14 -17, 2016 at The Presentation Center, Los Gatos, CA. (See <http://www.presentationcenter.org>.)

**Conference Registration:** The registration form will be available on our website by December 1, 2015, with a special, discounted early-bird registration price until February 1, 2016. Regular early-bird registration will be available until June 1. In addition to the conference theme, *Navigating the Tides of Healthcare*, two other sub-themes have emerged.

First, *Navigating the Tides* will feature cutting-edge information on changes in healthcare, the trends and transitions that affect how we do our job at the bedside—and how we all can better respond to some of these often confusing changes.



Next, we will address our presence as we work in medical facilities. Each of us is communicating our state at all times, so it would be correct to say that—in addition to our music—we, ourselves, are an intervention. We'll be learning specific practices to cultivate more compassionate presence.

Finally you'll have plenty of opportunities to hear from CMPs on the move, who have created hospital programs and found innovative ways to fund their work.

### Call for Papers: Change in Deadline December 15, 2015

This conference will offer plenary sessions, break-out sessions, and concurrent sessions, and we are seeking more concurrent session proposals. Is there something unusual that you have done to secure employment? Something that you have to offer—musical skills or insights, for example—that might enrich fellow CMPs? Would you be willing to share what you've learned at the conference?

For the proposal guidelines and requirements, please e-mail [mhtp@mhtp.org](mailto:mhtp@mhtp.org) with the subject line "Conference Call for Papers."

### Conference Positions Available

Conference chair positions are still available. They offer the benefit of a reduced conference fee. The positions still available are:

#### MHTP SALES TABLE ASSISTANT

Benefit: \$100 Conference Fee reduction.

#### ENVIROMENTAL & STAGE MANAGEMENT COORDINATOR

Benefit: \$150 Conference Fee reduction.

#### HOSPITALITY COORDINATOR

Benefit: \$50 Conference Fee reduction.

#### BREAKDOWN/CLEAN-UP COORDINATOR

Benefit: \$50 Conference Fee reduction.

Please contact Bruce Gardiner, Conference Coordinator, at [brucegardiner@yahoo.com](mailto:brucegardiner@yahoo.com) if you would be interested in these jobs, or if you would like to become a member of the Conference Planning Committee.

Save the Date:

**2016 MHTP Conference  
The Heart-Centered  
Musician: Navigating the  
Tides of Healthcare  
July 14-17, 2016**

**The Presentation Center  
Los Gatos, CA  
[www.presentationcenter.org](http://www.presentationcenter.org)**

## Scheduled Modules 2016/2017

For additions to the schedule below, check [www.mhpt.org](http://www.mhpt.org) or e-mail [mhpt@mhpt.org](mailto:mhpt@mhpt.org), as we will be adding new sites over the next months in Craryville, NY; Syracuse, NY; Portland, OR; Dallas, TX; and others. Let us know if you are interested in enrolling in any of the class sites listed below.

### MODULE ONE (Patient Assessment for Live Therapeutic Music/Injury Prevention)

Sacramento, California	January 9-10, 2016
Baltimore, Maryland	January 9-10, 2016
Salt Lake City, Utah	January 30-31, 2016
Wilmington, North Carolina	February 6-7, 2016
Denver, Colorado	February 20-21, 2016
Federal Way, Washington	April 9-10, 2016
Syracuse, New York	April 16-17, 2016
Harrisonburg, Virginia	June 12-14, 2016

### MODULE TWO (Music as a Language)

Tampa, Florida	December 5-6, 2015
Baltimore, Maryland	March 5-6, 2016
Sacramento, California	March 12-13, 2016
Wilmington, North Carolina	April 2-3, 2016
Denver, Colorado	April 9-10, 2016
Salt Lake City, Utah	April 16-17, 2016
Federal Way, Washington	June 11-12, 2016
Harrisonburg, Virginia	June 14-16, 2016

### MODULE THREE (Paradigms of Healing/Sound, Music, & Healing)

Livingston, New Jersey	January 9-10, 2016
Tampa, Florida	February 6-7, 2016
Baltimore, Maryland	May 14-15, 2016
Sacramento, California	May 14-15, 2016
Wilmington, North Carolina	June 4-5, 2016
Salt Lake City, Utah	June 17-18, 2016
Harrisonburg, Virginia	August 7-9, 2016
Federal Way, Washington	August 13-14, 2016
Denver, Colorado	September 17-18, 2016

### MODULE FOUR (Etiquette and Internship/Profession of CMP®)

Livingston, New Jersey	March 5-6, 2016
Tampa, Florida	April 2-3, 2016
Harrisonburg, Virginia	August 9-11, 2016
Sacramento, California	August 20-21, 2016
Baltimore, Maryland	September 10-11, 2016
Salt Lake City, Utah	September 10-11, 2016
Federal Way, Washington	October 22-23, 2016
Denver, Colorado	November 12-13, 2016

### MODULE FIVE (Alterations in Health/Care of the Dying/ Clinical Practicum)

Livingston, New Jersey	May 6-8, 2016
Tampa, Florida	June 3-5, 2016
Wilmington, North Carolina	Sept. 30-October 2, 2016
Sacramento, California	October 21-23, 2016
Baltimore, Maryland	November 4-5, 2016
Salt Lake City, Utah	November 11-13, 2016
Federal Way, Washington	January 6-8, 2017
Denver, Colorado	February 3-5, 2017

#### The Search Begins For MHTP's New Executive Director

Melinda Gardiner, MHTP's Executive Director (ED) since 2002, announced during the summer that she plans to retire in spring of 2017. For most of us, it is difficult to imagine MHTP "without" Melinda, but she will remain as one of our teachers, and perhaps she will consider other roles to play. MHTP's Directors face the task of recruiting and hiring our next Executive Director, to continue MHTP's journey into the future. We are starting now to allow a good amount of time for a thorough search and interview process.

We will be looking both within and from outside MHTP. We ask your help by reading through the Executive Director Job Description (attached) and the Job Announcement (on the next page) to consider whether you or someone you know or work with may be a good fit for MHTP's needs. Share this information as you feel it is appropriate and helpful. Please note that the Board's goal is to have someone hired by the end of 2016 to overlap some minimum hours working with Melinda to learn the intricacies of the job. By early spring 2017, the new ED will be working solo with full hours as described in the job description.

The Board appreciates your help and your good intentions of identifying the right person for the next MHTP ED.

#### We Want to Hear From You

If you have a "Day in the Life of a CMP" story to share; if your activities as a CMP have been featured in a recent newspaper, radio, TV, or online story; or if you have tips on marketing, raising funds, getting grants, documenting your work, or other ideas that CMPs could use, please submit your information to MHTP newsletter editor Linda Grobman at [lindagrobman@gmail.com](mailto:lindagrobman@gmail.com). If you are interested in writing an article for the newsletter, please send Linda a brief e-mail describing your story idea prior to writing the article.

## Music For Healing & Transition Program™, Inc. Executive Director Job Announcement

The Music for Healing & Transition Program, Inc. (MHTP) is taking applications for the Executive Director position. **Please see “Requirements for Application” below.**

The MHTP Executive Director (ED) is employed as an independent contractor on an annual contract, with eligibility for annual renewal. Annual salary for the ED is \$39,000. Some travel is required; all travel expenses for MHTP duties are paid for by MHTP. The ED must be able to have flexible work hours for monthly and annual Board of Directors (Board) and committee meetings, conferences, and other duties.

The ED works from her or his home office. MHTP will cover reasonable expenses for any office equipment used primarily for MHTP work. All other miscellaneous office expenses for MHTP work will be paid for by MHTP. For financial purposes, the ED must conduct all MHTP monetary business through separate accounts set up at his or her local bank.

The complete Job Description for the MHTP ED is available in a separate document.

MHTP is an equal opportunity employer. MHTP prohibits discrimination in all of its programs and activities on the basis of gender, race, color, national origin, age, disability, or sexual orientation.

### REQUIREMENTS FOR APPLICATION

Send any questions about this announcement to the MHTP Board President (see “Application Process” below). **The following materials are to be submitted electronically to the MHTP Board President:**

1. Your current résumé. Include details of management, supervisory, and therapeutic music positions you have held.
2. Your written responses explaining how you have gained the Knowledge, Skills, and Abilities (KSAs) listed below. Address each of the KSAs individually and mention pertinent links to your résumé experience. Please be thorough and detailed in your responses to the KSAs.
3. Your written response to the following question: “Why would you like to become the Executive Director for MHTP?”
4. Three letters of reference from individuals who can speak to your abilities related to the position of MHTP ED as described in this Job Announcement and in the Job Description.

### APPLICATION PROCESS

To allow time for extensive recruitment and consideration by potential applicants, applications will be received starting immediately and extending to **NO LATER THAN MARCH 10, 2016**, as the final due date. Please send all materials listed above electronically to the MHTP Board President, Carol J. Spears, at: [caroljspears@cs.com](mailto:caroljspears@cs.com)

You will be rated based on your qualifications for this position as shown by the education, experience, and training you relate on your résumé and the responses to the Knowledge, Skills, and Abilities (KSAs). Paid and unpaid experience will be considered. **Please be specific and detailed in your responses to the KSAs listed below. Please address each bulleted point under each numbered category.**

### Knowledge, Skills, and Abilities (KSAs) Required for Incumbent:

Knowledge, skills, and abilities required to successfully carry out the Major Duties:

1. To Implement MHTP Board policy and decisions:
  - Ability to work collaboratively with a Board of Directors
  - A broad knowledge of not-for-profit organization management
  - Ability in managerial skills
  - Skill in development and monitoring of operational goals
2. To Monitor and oversee financial management:
  - Demonstrated skill in all aspects of sound financial management, budget development, and management
  - Ability to use financial management software programs, e.g., Quickbooks
3. To Manage and Oversee Development:
  - Knowledge of fund-raising and donor relationships
  - Knowledge of grant writing and management
4. To Conduct Outreach to the community:
  - Ability to represent MHTP to, and network proactively with, others, e.g., therapeutic music professionals and healthcare professionals
  - A strong ability to communicate effectively in writing and use of presentation tools, e.g., Powerpoint
  - Knowledge of media relations
  - Skill in marketing
5. To Manage MHTP’s Education Program:
  - Knowledge of therapeutic music principles and application
  - Knowledge of adult education principles
  - Ability to think creatively to assess and develop educational programs
6. To Provide Supervision:
  - Ability to manage extensively through virtual communication
  - Skill and experience with all aspects of supervision of others
  - Ability to delegate and monitor work to others
7. To Manage Administrative Operations:
  - Ability to work with common electronic media, e.g., Microsoft Office Suite, social networking.
  - Ability to manage a complex and varied work environment.
  - Ability to create documents, e.g., policies, Standard Operating Procedures
  - Ability to be flexible in work hours as needed

## “Giving Tuesday” and the MHTP Scholarship Fund

We have an iconic day for giving thanks, and then two days for buying and bargains, “Black Friday” and “Cyber Monday.” GivingTuesday (#GivingTuesday), on December 1, is a day created to celebrate and encourage giving—especially giving in a way that helps others. (See <http://www.givingtuesday.org>.)



MHTP has become a partner organization in GivingTuesday, and we invite you to consider giving to our Scholarship Fund, which is an essential tool as we strive to expand our ability to serve diverse populations and to help more caring musicians expand their musical possibilities.

Please send your tax-deductible contributions to MHTP, P.O. Box 127, Hillsdale, NY 12529. Thank you for your generosity!

### MHTP Faculty Administrator Job Announcement

The position of Faculty Administrator is a part-time staff position filled through an annual contract with MHTP. The majority of the work is administrative and may be accomplished from the home. Some travel may be required, funded by MHTP. The Faculty Administrator is responsible for overall organization and management of the MHTP faculty program and serves as the liaison between teachers and MHTP’s Board of Directors and Executive Director (ED) of MHTP.

Knowledge, skills, and abilities required:

- Broad knowledge of MHTP, its history, philosophy, mission, and management.
- Knowledge of the MHTP teaching modules and how they are presented.
- Ability to work in collaboration with other staff, the Board, and the ED.
- Skill in administrative organization tasks.
- Ability to supervise others.
- Knowledge about general teaching methods and techniques for the adult student.
- Ability to work independently with very little supervision.
- Skill using typical computer programs, such as Word, Excel, e-mail.

The Faculty Administrator may not be an MHTP teacher. If you have questions about, or are interested in, applying for this position, please contact Melinda at [harp@taconic.net](mailto:harp@taconic.net) or 518-325-5546.

## Continuing Education Offerings

### MHTP Modules

As you know, the MHTP curriculum is revised and updated each year with input from the Board of Directors and the faculty, always taking into consideration student feedback in classes, graduate suggestions in their final summaries, and developments in therapeutic music and music medicine research. Re-taking a class or an entire module is an excellent way to receive MHTP CEUs and become current with MHTP curriculum. See the schedule on page 2 for currently scheduled classes.

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### LIVE WEBINAR: Business Development for Therapeutic Musicians Marketing 101 & Bookkeeping 101

January 9 & 10, 2016  
8:30 AM - 4:30 PM PST each day

Cost: \$200 TOTAL per attendee for both days of webinar. Attendees may be CMPs, students of MHTP (although it is recommended that they have started their Independent Practicums), and certified graduates of therapeutic music programs accredited by the NSBTM.

15 CEUs will be earned by class participants at one CEU per seat hour. CEUs are not applicable for therapeutic musician students, but such students are welcome.

#### Instructor:

Cheryl Zabel, CMP, Washington Area Coordinator and Treasurer for MHTP  
237 175th St E, Spanaway, WA 98387  
(253) 307-0999  
[cz56cmp76@icloud.com](mailto:cz56cmp76@icloud.com)

*Cheryl Zabel, CMP, has been working full time as an independent contractor with hospices, skilled nursing facilities, and hospitals. With extensive outside sales experience in her previous life, let her walk you through the basics of starting your own therapeutic music business.*

Marketing 101 will include how to prepare for and start your own therapeutic music business, how to find new customers, networking strategies, presentation techniques, and creative ways to approach various organizations.

Bookkeeping 101 will set you up with easy-to-manage spreadsheets for tracking your accounts receivable, customer invoices, mileage tracking, state requirements for starting a new business, tax basics, other documentation requirements, and how to keep your accountant happy!

For a registration form and webinar computer access requirements, please e-mail Cheryl Zabel: [cz56cmp76@icloud.com](mailto:cz56cmp76@icloud.com)



## Congratulations to these new CMP®s! MHTP now has more than 800 graduates.

### Northeast

Nancy Ruda - voice, guitar

### South

Cathy Anderson - harp

### Mid-Atlantic

Janet Jackson Whitman - harp

Eunsoon Corliss - viola

Rachel Schlafer-Parton - Native American flutes, flutes

Veronica Boyd-Gillis - voice

Cathy Cunningham - harp

### Midwest

Mark Shearburn - flute

JoAnne Glover - harp

Laura Vanderveld - cello

### West

Melanie Gorski - harp

### Northwest

Karen Monroe - harp

### Canada

Mercedes Rodrigo - voice, guitar, keyboard

Debora Moggach - hammered dulcimer

Catherine McInnes - voice, keyboard

Shelley Neal - harp

Holly Leuning - harp

## CMPs in the News

Caregiving With Therapeutic Music, features Sue Popelka, CMP: <http://www.wisconsinrapidtribune.com/story/life/2015/08/09/caregiving-therapeutic-music/31348855/>

Healing Sounds Holds First Major Fundraiser, features Chuck Beckman, CMP: <http://forsythherald.com/stories/Healing-Sounds-holds-first-major-fundraiser,77722>

After Corporate Career, Harpist Plays To Heal, featuring Meredith Kohn Bocek, CMP: <http://www.pressconnects.com/story/news/local/2015/08/25/creators-bocek/32324467/>

Therapeutic Music Sessions Available in January, featuring Kristen Rogers-Iversen, CMP: [http://www.parkrecord.com/ci\\_29049088/therapeutic-music-sessions-available-january](http://www.parkrecord.com/ci_29049088/therapeutic-music-sessions-available-january)

Music for Healing, video by UM Health System, featuring CMP Greg Maxwell: <https://www.youtube.com/watch?v=nXR42n9g9ik>

BSG Ageing Bites: 'Haven': people living with dementia sharing the activity of listening to music, video featuring Claire Garabedian, CMP: <https://www.youtube.com/watch?v=b9fTxQuBbTQ>

## Related Articles in the News

Music Could Soon Be Part of Post-Operative Treatment: <http://timesofindia.indiatimes.com/india/Music-could-soon-be-part-of-post-operative-treatment/articleshow/49512927.cms?>

## Spreading the Word

There are many ways to spread the word about our profession so that other musicians might be exposed to this fulfilling path of service. The Directors of MHTP invite CMPs and students to consider writing and submitting an article about your experience in the program and/or work as a therapeutic musician to your college or music school newsletter or alumni magazine. Or perhaps you are part of an alumni or instrumental online group. For example, many of your final summaries before graduation are quite inspiring. Consider sharing your experience more widely with colleagues and friends.



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E-mail: [mhtp@mhtp.org](mailto:mhtp@mhtp.org)  
Certified Music Practitioner (CMP) is a registered certification mark of the Music for Healing and Transition Program Inc. Music for Healing and Transition Program is a trademarked name.

## Let Us Know What MHTP Logo Merchandise You Would Like

Heads Up! We would like you to help us decide which MHTP logo items you would be most interested in purchasing.

Soon we will be sending out a survey to all of you for merchandise preferences. Your feedback on these items will be greatly appreciated and will let us offer your most desired MHTP items.

So watch the MHTP Yahoo list for survey details in the next few weeks. Many thanks in advance for your help!



Cheryl Zabel, CMP  
Treasurer  
MHTP Board of Directors